

THE GOLDEN LION

Lunch Menu 12pm – 2.30pm

- Homemade soup of the day, seeded bread, Welsh butter 6.50 (v)
- Welsh cheese Ploughman's platter, pickles, olives, apple & ale chutney, bread 13.50
- Welsh farmer's platter - home cooked ham, pork pie, Scotch egg, bread, pickles 13.50
- Aromatic broad bean & spinach burger, char grilled vegetables, harissa mayo, melted cheese, sourdough bun, fries 13 (v)
- Golden Lion gourmet burger, smoked bacon, melted cheese, gherkins, onion relish, mustard mayo, sourdough bun, fries 13.50
- Vegan Ploughman's platter, hummus, sun blush tomatoes, olives, chutney, sourdough bread 13.50 (vg)
- Thai green chicken curry, mango chutney, poppadum, Pilau rice 13.80 (df,gf) *add chips £2*
- Golden Lion pie of the day, mixed greens (please see special board) 13.50
- Fresh cod in homemade beer batter, tartare sauce, garden peas, fries 13.50 (df)
- Thai green vegetable curry, Pilau rice, poppadum 13.50 (vg) *add chips £2*
- Puy lentil cottage pie, butternut & potato rosti £14 (vg)
- Tempura tofu burger, sourdough bun, tomato, lettuce, sriracha mayo, fries £14 (v)
- Wholetail breaded scampi, tartare sauce, salad, fries £13
- Five bean & pepper chilli, wild rice, guacamole, crispy onions, coriander vegan mayo £14 (vg)
- Creamy pesto chicken, crispy gem lettuce, beef tomato, mayo sandwich 8.95
- Welsh Collier's cheese, apple & ale chutney sandwich 7.95 (v)
- Prawn cocktail sandwich, crisp gem lettuce 8.95
- Warm Welsh beef, cheese, wild rocket, horseradish, onion jam sandwich 8.95
- Home cooked ham, mustard mayo, lettuce, tomato salad sandwich 7.95

All sandwiches are served on seeded brown bread with salad, coleslaw & potato salad

Children's menu 6.20

- Fresh battered cod & fries
- Cheese & tomato pizza & fries (v)
- Homemade Welsh beef burger & fries
- Spaghetti Bolognese
- Local grilled sausages & fries
- Spaghetti pasta, tomato sauce & cheese (v)
- Scampi & fries

Side dishes

- French fries 3.50
- Dressed house salad 3.00
- Seasonal vegetables 3.50
- Homemade garlic ciabatta 4.70
- Garden peas 2.50

(v= vegetarian, df = dairy free, gf = gluten free, vg = vegan)

Please see our blackboard for daily specials

THE GOLDEN LION

Evening Menu 6.30pm – 9pm

Please see our blackboard for daily specials

Starters

- Bowl of mixed olives & seeded brown bread £6.20 (v)
- Homemade garlic ciabatta £4.70 (v)
- Soup of the day, seeded bread, Welsh butter £6.50 (v)
- Houmous, olives, crudites, sourdough bread £7 (vg)
- Black pudding Scotch egg, smoked bacon jam £7.50
- Sweet potato gnocchi, tomato ragu £7.20 (vg)
- Cockles, mussels, dill gratin with laverbread toastie £7.80
- Chestnut mushrooms, parsley, garlic oil, sourdough, Pecorino £7.20 (vg option available)
- Toasted bruschetta, red onion, olives, tomato, fresh basil £7 (vg)
- Hot smoked salmon, beetroot potato salad, poached egg £8

Main meals

- Puy lentil cottage pie, butternut & potato rosti £14 (vg)
- Five bean & pepper chilli, wild rice, guacamole, crispy onions, coriander vegan mayo £14 (vg)
- Maple & black pepper chicken, thyme carrots, sautéed potatoes £15.70 (gf)
- Preseli lamb chops, rosemary & mint sauce, mixed greens £18
- Bluestone fillet steak, Portobello mushroom, roasted beef tomatoes, homemade onion rings £29 (gf)
- Rib eye steak, Portobello mushrooms, roasted beef tomatoes, homemade onion rings £26 (gf)
- ~Garlic butter £2 ~ Per Las & red onion sauce £3 ~
- Thai green vegetable curry, Pilau rice, poppadum 13.50 (vg) *add chips £2*
- Golden Lion pie of the day (please see tonight's specials) £13.50
- Fresh haddock fillet, coriander & chilli tempura batter, sweet chilli dip £16.20 (df)
- Fresh cod fillet in our beer batter, garden peas, tartare sauce £13.50 (df)
- Wholetail breaded scampi, tartare sauce £13 (df)
- Tempura tofu burger, sourdough bun, tomato, lettuce, sriracha mayo, fries £14 (v)
- Thai green chicken curry, Pilau rice, poppadum £13.80 (gf, df) *add chips £2*
- Aromatic broad bean & spinach burger, char grilled vegetables, harissa mayo, melted cheese, sourdough bun, fries £13 (v)
- Golden Lion gourmet burger, smoked bacon, melted cheese, gherkins, onion relish, mustard mayo, sourdough bun, fries £13.50

All our meals are served with choice of chips/new potatoes/creamy garlic potatoes and salad

(v= vegetarian, df = dairy free, gf = gluten free, vg = vegan)

Children's menu £6.20

Fresh battered cod & fries
Cheese & tomato pizza & fries (v)
Homemade Welsh beef burger & fries
Spaghetti Bolognese
Local grilled sausages & fries
Spaghetti pasta, tomato sauce & cheese (v)
Scampi & fries

Side dishes

French fries 3.50
Dressed house salad 3.00
Seasonal vegetables 3.50
Homemade garlic ciabatta 4.70
Garden peas 2.50
Creamy garlic potatoes 3.50
New potatoes 3.50

All dishes are prepared in a kitchen where product-containing nuts, seeds & other allergens are handled and prepared. We may not be able to guarantee our food will not contain traces of a specific allergen. Please be sure to inform us of any allergies or any dietary requirements.

Thank you.

All of our food is prepared and presented with the utmost of care to the highest standard using fresh locally sourced ingredients...

Llew ... Preseli bluestone meats, butchers, Johnston
Paul ... T. Glyn Davies, butchers, Newport
Dewi James A'I Gwmni, butchers, Cardigan
Jones & Davies, fresh produce specialists, Pontwelly
Welsh Seafoods, Milford Haven

Desserts

Mango & coconut ginger nut slice, mango coulis £7.20 (gf,df)
Sticky toffee pudding, vanilla pod ice cream £6.50
Mixed berries Eton mess £6.50 (gf)
Affogato (Espresso & Ice Cream) £5
Dark chocolate & peanut butter brownie, vanilla pod ice cream £7.20
Lemon tart, berry compote, chantilly cream £6.50
Today's crumble, coconut & almond topping, custard £7
Local Welsh cheeseboard, biscuits, chutney £10.95
Welsh Ice cream 1 scoop £3/ 2 scoops £5
Vanilla ~ Mint ~ Chocolate ~ Strawberry ~ Salted caramel
NEW! Dairy free Raspberry ripple ice cream or Toffee ice cream

Dessert wine (125 ml) 5.50

Liquor coffee (Irish whisky/Bailey's/Tia Maria/Cointreau) 5.90

Americano 2.50 Hot Chocolate 2.20 Cappuccino 2.90

Single Espresso 2.20 Double Espresso 2.50

Pot of Tea Pigs 2.20

(English breakfast – Earl Grey - Green Tea – Peppermint – Chamomile - Chai)